

INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH

FACULTY OF NURSING

is CONDUCTING

PCOD AWARENESS MONTH

"VOICES OF STRENGTH, AGENTS OF CHANGE"



→ FROM ← 17TH - 20TH SEP, 2024

Faculty of Nursing, F-Block, 2nd Floor, Seminar Hall, Integral University, Lucknow

POSTER COMPETITION 17/09/2024 MRS. SUSHMA CHAUDHARY

HEALTH TALK 18/09/2024 MS. PRISCILLA & MRS. ARTI

QUIZ COMPETITION
19/09/2024
MRS. PRAGYA AWASTHI &
MRS. VANDANA

SEMINAR ON PCOD 20/09/2024 DR. PROF. ANNIE CHANDRA S.

ORGANIZING COMMITTEE

IINS&R

PARTICIPANTS

Faculty of Nursing & Students

Ref. NO. IINSR/DOM/2024/42

Date: 11/09/2024 Dater 13/09/2024

To,

The Executive Director, IIMSR, IIAHSR, IINSR Integral University Lucknow.

(Through Proper Channel)

Subject: Approval for conducting Polycystic Ovarian Disease (PCOD) Awareness Month in September from 17th to 20th, 2024 at Faculty of Nursing "F Block," 2nd Floor Seminar Hall, Integral University, Lucknow.

Respected Sir,

With due respect we would like to state that, we want a permission to conduct a Polycystic Ovarian Disease (PCOD) Awareness Month in September from 17th to 20th, 2024 at Faculty of Nursing "F Block," 2nd Floor Seminar Hall, Integral University, Lucknow.

The programme will be considered as:

| S.No. | Event | Date | Supervision Mrs. Sushma Chaudhary | | |
|-------|--------------------|------------|---|--|--|
| 1. | Poster Competition | 17.09.2024 | | | |
| 2. | Health Talk | 18.09.2024 | Hospital Area- Ms. Priscilla Community Area- Mrs. Arti Chauhan | | |
| 3. | Quiz Competition | 19.09.2024 | Mrs. Pragya Awasthi Mrs. Vandana | | |
| 4. | Seminar on PCOD | 20.09.2024 | Dr. Prof. Annie Chandra S. | | |

I request you to kindly give your approval in this regard.

Thanking you

Dr. Farzand Ali Principal, IINSR

PRINCIPAL Integral College of Nursing Kursi Road, Lucknow 226026

Dr. Prof. Annie Chandra

Dean, IINSR Annie Chandors -

Dean, Faculty of Nursing Integral University, Lucknow

Kursi Road, Lucknow - 226026 (U.P.) India Phone: +91 63900 11283 / 84 / 85 / Ext. 6994 Website : www.iul.ac.in headnursing@lul.ac.in E-mail infolimsr@iul.ac.in

integralumiversity_inspiringexcellence f integralunilko @ integralunilko official Ref.No.: IINSR/DO/SEMINAR/2024/92

Dated: 10/09/2024

NOTICE

A meeting regarding planning for conducting, Polycystic Ovarian Disease (PCOD) Awareness Month in September from 17th to 20th, 2024 at Faculty of Nursing "F Block," 2nd Floor Seminar Hall, Integral University, Lucknow. All the faculty members are hereby informed to attend the meeting in the HOD office at 10:00 AM on 11.09.2024.

Mr Farzand Ali Principal, IINSR

PRINCIPAL Integral College of Nursing Kursi Road, Lucknow-226026 Dr. Prof. Annie Chandra S. Dean, IINSR

Prot. (Dr.) Annie Chanddra S. Dean, Faculty of Nursing Intagral University, Lucknow

Copy To,

- 1. Executive Director, IIMSR, IINSR, IIAHSR
- 2. Dean, Faculty of Nursing
- 3. Director, HAHSR
- 4. All Faculty Members of Nursing
- 5. Notice Board
- 6. File Copy



INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH

Ref.No: IINSR/DO/SEMINAR/2024/ 92

Dated: 11/09/2024

MINUTES OF MEETING ON POLYCYSTIC OVARIAN DISEASE (PCOD) AWARENESS

A meeting regarding planning for conducting, Polycystic Ovarian Disease (PCOD) Awareness Month in September from 17th to 20th, 2024 at Faculty of Nursing "F Block," 2nd Floor Seminar Hall Integral University, Lucknow. The agenda of the meeting is to educate the students about PCOD and increase awareness of the condition.

The following members attended the meeting:

| | 100 T (000 F) |
|------------------------|---------------|
| Mr. Farzand Ali | Member |
| Dr.Prof. Annie Chandra | Member |
| Mr. Parameshwar | Member |
| Ms. Shalini | Member |
| Ms. Achsah Babu | Member |
| Mrs. Roli Srivastava | Member |
| Ms. Shreya Sinha | Member |
| Mrs. Arti Chauhan | Member |
| Ms. Priscilla | Member |
| Mrs. Sushma | Member |
| | |

The following aspects were discussed and according following decisions were taken:

- The programme date will be held from 17th 20th September 2024.
- 2. The programme will be conducted by Faculty of Nursing.
- 3. The program will be considered as Poster Competition, Quiz Competition, Health Talk and Seminar.

4. All the nursing students will be allowed to attend the programme.

Mr. Farzand Ali

Integral College of Nursing Kursi Road, Lucknow-226026

Copy To,

1. Executive Director, HMSR, HNSR, HAHSR

2. Dean, Faculty of Nursing

3. Director, HAHSR

4. All Faculty Members of Nursing

5. Notice Board

6. File Copy

Dean, IINSR

Prof. (Dr.) Annie Chanddra S. Dean, Faculty of Nursing ---- Chiwersity, Lucknow

Infoiimsr@iul.ac.in



FACULTY OF NURSING SCIENCES & RESEARCH

Dated:11/09/2024

Attendance Sheets

| S.N. | Name of the Faculty | Ciano |
|------|-------------------------|-----------|
| 1. | Mr. Farzand Ali | Signature |
| 2. | Dr. Prof. Annie Chandra | de |
| 3. | Mr. Pararmeshwar | Jani |
| 4. | Ms. Shalini | 20.00 |
| 5. | Ms. Achsah Babu | Mr. |
| 6. | Mrs. Roli Srivastava | 143 |
| 7. | Ms. Shreya Sinha | AV 1 |
| 3. | Mrs. Arti Chauhan | Mary |
| | Mrs. Sushma | 6 |
| .0, | Ms. Priscilla | 7 |

Ref. No: IINSR/DO/SEMINAR/2024/92

Dated: 14/09/2024

NOTICE

All the nursing students are hereby informed that we have planned to conduct a Polycystic Ovarian Disease (PCOD) Awareness Month in September from 17th to 20th, 2024 at Faculty of Nursing "F Block," 2nd Floor Seminar Hall, Integral University, Lucknow. Participation is mandatory for all the students.

The programme will be considered as:

| S.No. | Event | Date | Supervision | | |
|-------|--------------------|------------|---|--|--|
| 1. | Poster Competition | 17.09.2024 | Mrs. Sushma Chaudhary | | |
| 2. | Health Talk | 18.09.2024 | Hospital Area- Ms. Priscilla Community Area- Mrs. Arti Chauhan | | |
| 3. | Quiz Competition | 19.09.2024 | Mrs. Pragya Awasthi Mrs. Vandana | | |
| 4. | Seminar on PCOD | 20.09.2024 | Dr. Prof. Annie Chandra S. | | |

Mr. Farzand Ali PRIMING PAISR Integral College of Nursing Kursi Road, Lucknow-226026

Copy To,

- 1. Executive Director, IIMSR, IINSR, IIAHSR
- 2. Dean, Faculty of Nursing
- 3. Director, IIAHSR
- 4. All Faculty Members of Nursing
- 5. Notice Board
- 6. File Copy

Dr. Prof. Annie Chandra S. Dean, HNSR

Prof. (Dr.) Annie Chanddra S. Dean, Faculty of Nursing Integral University, Lucknow

infolimsr@iul.ac.in

POSTER COMPETITION ON PCOD AWARENESS MONTH List of the Students for Poster Competition

| S.No. | Name | Year | Signature | S.No. | Name | Year | Signature |
|-------|---------------------------------|---------|-----------|-------|----------------|--------|-----------|
| 1. | Zawwiya falak Abhishek Kuman | | annua | 2. | Sama parveen | Ist | Sama |
| 3. | Abhishek Kuman | Ist | Ashinke | 4. | Mahrish Fating | | Mahalah |
| 5. | Muntasa khatoon | IInd | manuface | 6. | Mohd Sarrik | III | South |
| 7. | Shashank yada | | | 8. | Yasmeen | | |
| 9. | Palak Rao | TV+h | Palak | 10. | Shivangi Dwind | 拉+p | Shivanyi |
| 11. | Alka Madhesiya | IV" YHE | Alka | 12. | Adawsh Kunar | BSC Th | Adareth |
| 13. | Shabana Parice | The | Shahay | 14. | | | |
| 15. | | | | 16. | | | |
| 17. | | | | 18. | | | |
| 19. | | | | 20. | | | |
| 21. | | | | 22. | | | |
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| 35. | | | | 36. | | | |
| 37. | | | | 38. | | | |
| 39. | | | | 40. | | | |
| 41. | | | | 42. | | | |
| 43. | 10 | | | 44. | | 1 | |
| 45. | | | | 46. | | - | |

Mr. Farzand Ali
Principal HNSR
PRINCIPAL HNSR
Integral College of Norsing

Dr. Prof. Annie Chandra Dean, IINSR

Prot. (Dr.) Annie Chandors S.

HEALTH TALK ON PCOD AWARENESS MONTH List of the Students for Health Talk

| S.No. | Name | Year | Signature | S.No. | Name | Year | Signature |
|-------|-----------------|-------|-----------|-------|-----------------|-------|-----------|
| 1. | Maya | and | Mayer | 2. | Alesha Chatoon | 3 4 | Du |
| 3. | Jay | t) | Jam | 4. | Abhilasha Deui | U | Am |
| 5. | Aruna Rana | ij | Au | 6. | Alliya Siddiqui | 1 | A |
| 7. | Alisha khatoo | | A | 8. | Aditya singh | Adi | Adr |
| 9. | Yasho vardhan | 11 | jar | 10. | Ayeish Mishia | A | Ass |
| 11. | Pariya | и | Briga | 12. | Biki Kumon | 3°dyr | Bis. |
| 13. | Anupriya | ıl. | for | 14. | Belal Raza | " | Belal |
| 15. | Reshma. | n | Rise. | 16. | Darwin khan | 11 | 0- |
| 17. | Brishti Singh | V | Surh. | 18. | Falak lorshad | tr. | Pary. |
| 19. | 0 | | 0.2 | 20. | Gravima Singh | w | bons |
| 21. | Rubing | 3rdyr | Par | 22. | shahjaho | 11 | Shely |
| 23. | Ibna | n | Time | 24. | Samita | 4 | Jane |
| 25. | Bipasha: | Ш | Beruk | 26. | sanido | 3 der | Sonida |
| 27. | Tanya Singh | 11 | Tanya. | 28. | Sami - | " | Sanui |
| 29. | Rakhi Yadav | II. | Parki. | 30. | Sakshi | 11 | 8- |
| 31. | Harsh | 2 yr | ju | 32. | vaishnavi | 16 | (VDE) |
| 33. | Surai | 0 | Suz | 34. | Taut | 4 | Talas |
| 35. | Khushi | t, | the . | 36. | Knishna | 11 | K. |
| 37. | Aseti | 11 | 1 | 38. | Nehazal | 11 | A- |
| 39. | Deepak | 1) | Dury | 40. | weha verma | 3" | MA |
| 41. | Jyoti | 1+ | That | 42. | Jyeti Yadar | - 48 | Tyste |
| 43. | Soishti Sharma | *, | Sum | 44. | | 344h | Mul |
| 45. | Meetu Chaurasia | 9 | Nesta | 46. | Aisha Raha | 0 | Air |

Mr. Farzand Ali
Principal IINSR
RURCIPAL INTERIOR

Dr. Prof Annie Chandra Dean, IINSR

Prof. (Dr.) Annie Chanddra S.

QUIZ COMPETITION ON PCOD AWARENESS MONTH List of the Students for Quiz Competition

| S.No. | Name | Year | Signature | S.No. | Name | Year | Signature |
|-------|--------------------------|-----------------|-----------|-------|-----------------|-------------------|------------|
| 1. | ADARSH KUMAR | 454 | ARI. | 2. | Ashishaktuman | 15+ | Ash. |
| 3. | Vishal kn yadar | 1 ⁸⁶ | Charles | 4. | zaveriya fed al | 15+ | Duning |
| 5. | Agrimesingle Abhishet | 184 | Spine | 6. | Schail Hanan | - 0 | 8 |
| 7. | Abhishet | 1 5 | | 8. | Ibna Whatoor | 5 11 | The |
| 9. | | | | 10. | Tanya Singh | The second second | James |
| 11, | | | | 12. | Sami franz | | Sen |
| 13. | | | | 14. | Raginee Verr | 1 | The . |
| 15. | | | | 16. | Anupriya | | Tule |
| 17. | | | | 18. | House | and | Harst |
| 19. | | | | 20. | Shubham | 1 | 21 |
| 21. | | | | 22. | Yasho V. Sing | | Yache |
| 23. | | | | 24. | Richa landuy | | |
| 25. | | | | 26. | Mohd SabilAhmal | | Roll |
| 27. | | | | 28. | Anunag maurya | | South Away |
| 29. | | | | 30. | Ankit Gupta | 444 | * |
| 31. | | | | 32. | Nivedita | 444 | NA |
| 33. | | | | 34. | 1 | | |
| 15. | | | | 36. | 10 | | |
| 17. | | | 1 41 | 38. | | | |
| 9. | | | | 40. | | | |
| 1. | | | | 42. | | | |
| 3. | | | | 44. | | 1 | |
| 5. | | | | 46. | | 1 | |

Mr. Farzand Ali Principal, IINSR PINCIPAL Integral College of Norsing

Sursi Road, sucknow-226026

Dr. Prof. Annie Chandra Dean, HNSR

Prof. (Dr.) Annie Chanddra S.

SEMINAR ON PCOD AWARENESS MONTH List of the Students for Attending Seminar

| S.No. | Name | Year | Signature | S.No. | Name | Year | Signature |
|-------|-----------------|-------------------|--------------|-------|------------------|--|-----------|
| 1. | Neha Khatoon | Bisc-N | NELLE | 2. | Alsham Juga | BSC-N1 | Asson |
| 3. | Assum forcer | 85C-N2 | 01. | 4. | Cram falima | 8scal | 41 |
| 5. | Saba Begam | BSC-NI | Sabagan | 6. | Mantasha Naoz | BSC-NI | motion |
| 7. | Sheeba Parveen | BSC-NI | Sheeba | 8. | Sahiba Shaikh | BSC-NI | Sahuba |
| 9. | Ashfiya | BSC - NI | ash | 10. | Anisha yadav | BSC-N1 | Andre |
| 11. | Tahoora | BAC NI | D | 12. | Tabassum. | BSCNI | FER |
| 13. | Shila bano | BSCN1 | 0.4 | 14. | Althama bano | BSCN-2 | Anton |
| 15. | Assia . K han | 41 | | 16. | Sayna/ban o | TUSC-MT | Sagry |
| 17. | Wilsho kumori | | Ta | 18. | Aiman Tuba | BSCNI | Minaw |
| 19. | Nisha | BSC1 St | Olisha | 20. | Shabana Bano | BSCNI | Sher |
| 21. | Neha Yaday | BScIN | ns | 22. | Aliza Bano | B.SCN-1 | Aliza |
| 23. | Mahi Penga | BSCIst | mole | 24. | Samo Patrien | Bisc Ist | Barne |
| 25. | Madhavikumori | BSCIst | Hadhan | 26. | Igoti Gupta | B'scatt | Jyoti |
| 27. | Satyo Jaiswal | B&I st | South | 28. | Prachi Cupta | BSC YHUYT | Prachi |
| 29. | Crarina Metro | a scall | Corrier | 30. | Alka Madhesiya | | Alko |
| | | BSC 4Hy | gue- | 32. | Divyanshi Singh | THE RESERVE AND ADDRESS OF THE PERSON NAMED IN | 100 |
| 33. | 0 | BSC 4th | Backi | 34. | Shivangi Dwivedi | BSC 4th | Stowing |
| 35. | Pridi Palal | BSC 4Mg | - Spidifield | 36. | firdoush Bino | BSC 4th 4007 | fodac |
| 3/. | Agadhan | BRCHE | Pouchau | 38. | Eurhinjahan | Bac s or | Renhie . |
| 39. | | | Rama | 40. | Saler Bano. | BEC IN | Soy. |
| 41. | | BSC-4tyr | Atarpla | 42. | Naziya Khataan | BSCIST | MUZ |
| | Shrasti Menenga | BSC4thyon. | Stoubti | 44. | Sono La Salmani | BUTAL | my9 |
| 45. | Luxmi Balmiki | BSCNM | hurmi. | 46. | | year . | Apavaria |

Mr. Farzand Ali Principal, HNSR

PRINCIPAL

Dr. Prof. Annie Chandra Dean, HNSR

Prof. (Dr.) Annie Chanddra S.

| | | | | | | - | |
|-----|----------------|---------------|-----------|--------------|----------|---|---|
| 47. | Brachi Curbia | | | 48. | | | |
| 49. | Tamahna Ansari | BSC INF | Aamen . | 50. | | | |
| 51. | Anjeli verma | Basi | Anjelline | → 52. | TOWN THE | | |
| 53. | Ibna khatoon | B. Sc 3rd | They | 54. | | | |
| 55. | Ewcam Bano | B.S.C. | E TON | 56. | | | |
| 57. | Savita Gautam | B.Sc. | Su | 58. | | | |
| 59. | Bitallor | 8. 12 m | BAM | 60. | | | |
| 61. | Suhel Khan | B.Sc. No | Skin. | 62. | | | |
| 63. | Anal Kham | BSC. NI. | | 64. | | | |
| 65. | SUNAIS APHAI | 1236 W. | \$ | 66. | | | |
| 67. | Schail Skanaw | BSCIN. | \$ | 68. | | | |
| 69. | Vikash kumar | BSCN 3rdyr | dL | 70. | | | |
| 71. | DM.D Daud. | " | Dand | 72. | | | |
| | Sami Ezaz | Bisa Yo | Sam | 74. | | | |
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Mr. Farzand Ali
Principal, IINSR
PRINCIPAL
Integral College of Nursing
Aursi Road, Lankasy 1760 26

Dr. Prof. Annie Chandra Dean, IINSK

Prof. (Dr.) Annie Chanddra S. Dean, Faculty of Nursing



FACULTY OF NURSING

INTEGRAL INSTITUTE OF NURSING SCIENCES & RESEARCH

Ref:

Date: 04/10/2024

REPORT ON

"Polycystic Ovarian Disease (PCOD) Awareness Month"

THEME: Voices of Strength, Agents of Change"

Organized by 'Faculty of Nursing' from 17th to 20th September 2024.

The department of Nursing had conducted a "Polycystic Ovarian Disease (PCOD) Awareness Month" from 17th to 20th September 2024. This Program has been conducted under the guidance of Dr. Prof. Ashfaque Khan Director, IIAHSR, Dr. Prof. Annie Chandra (Dean, IINSR) & Dr. Farzand Ali (Principal, IINSR)

The Program Coordinators:

Dr. Prof. Annie Chandra

Dr. Farzand Ali

Mrs. Pragya Awasthi

Mrs. Roli Srivastava

Ms. Shreya Sinha

Ms. Shalini

Mrs. Amar Vandana

Ms. Achsah Babu

Mrs. Arti

Ms. Priscilla

Mrs. Sushma Chaudhary

About the Theme

Voices of Strength, Agents of Change stands as our theme for this year's PCOS Awareness Month, underscoring the power of collective action in transforming PCOS care. This theme invites stakeholders to share personal stories, support patient-centered research, and contribute to initiatives that address the unmet needs of patients. Collaborative efforts will focus on amplifying stakeholder voices to initiate impactful changes across healthcare, including accelerating the development of new PCOS-specific treatments and empowering all stakeholders to co-create healthcare solutions with patients.

Significance of PCOD:

<u>PCOS</u> is a serious genetic, hormone, metabolic and reproductive disorder that affects women and girls. It is the leading cause of female infertility and a precursor for other serious conditions including obesity, type 2 diabetes, cardiovascular disease and endometrial cancer.

PCOS Awareness Month is a <u>federally designated event</u>. The aim of PCOS Awareness Month is to help improve the lives of those affected by PCOS and to help them to overcome their symptoms as well as prevent and reduce their risks for life-threatening related diseases such as diabetes, cardiovascular disease, non-alcoholic fatty liver disease and cancer.

1

Event Schedule:

Day 1: Poster Competition (17/09/2024)

On Day 1st, Poster Competition was held between the students of BSc. Nursing 1st year, 2st year and 4st year students. BSc. Nursing 1st year got the first position in the competition.

Day 2: Health Talk (18/09/2024)

On Day 2nd, Health Talk was held in Hospital area as well as in Community area. The students of BSc. Nursing 2nd Year and 3nd Year and GNM 1nd Year had participated in the Health Talk program on PCOD Awareness. GNM 1nd year had given the Health Talk in Hospital Area under the Guidance of Ms. Priscilla and B. Sc. Nursing 2nd year, 3nd year had given the Health Talk in Community Area under the Guidance of Mrs. Arti.

Day 3: Quiz Competition (19/09/2024)

On Day 3rd, Quiz Competition was held between the students. BSc. Nursing 1st year, 2nd year, 3rd year and 4th year had participated in the Quiz Competition under the guidance of Mrs. Pragya Awasthi and Mrs. Amar Vandana. The students were divided in four groups according to batches. BSc. Nursing 2nd Year got 1st position and BSc. Nursing 4th year got 2nd position.

Day 4: Seminar on PCOD (20/09/2024)

On Day 4th, our respected Dean, Dr. Prof. Annie Chandra S. had conducted the seminar on Polycystic Ovarian Disease with the students.

Closing Remarks and Thanks

The programme concluded with heartfelt closing remarks and expressions of gratitude from the Program Coordinators, acknowledging the collective effort in raising awareness about PCOD and reaffirming the commitment to ending the disease.

GLIMPSE OF THE DAY:



FACULTY OF NURSING SCIENCES & RESEARCH



A/10/2024



FACULTY OF NURSING SCIENCES & RESEARCH



Prof. (Dr.) Annie Chanddra S. Dean, Fasulty of Nursing Integral University Limbs